

FUSION Devotional: Monday, March 30th, 2009

Title: Trust

Text: Psalm 118:6-9

The Lord is on my side; I will not fear. What can man do to me? The Lord is on my side as my helper; I shall look in triumph on those who hate me. It is better to take refuge in the Lord than to trust in man. It is better to take refuge in the Lord than to trust in princes.

Trust is a tricky thing. I'm talking about real trust. You know the type. The "I know you're not gonna let me down" kind of trust. The "I know you will always be there for me and never intentionally hurt me" type of trust. I think back on my life and all of the times I had to put much trust in someone else. Then I think about how many times that trust was smashed all to pieces. Now, I certainly do have people in my life that I have a high level of trust in, but I tell you, when you get burned and then you feel as if someone has not honored the trust you have put in them, it is hard to fully put that some level of confidence in another person or thing.

Think about your life. Can you recall any instances when the person you trusted ended up disappointing you? It is a sobering thing sometimes isn't it. Maybe it was a friend, a teacher, a coach or leader. You just knew that you could count on them and trust them with a conversation you had, a secret you shared and so on. But for some reason something happened and that trust that we had put in another person has brought us to a point of heartache.

I am certainly not saying that we should be the type of person who doesn't trust anyone. We can't live our lives looking at everyone else with an attitude of "What is this person up to?" and just waiting on them to hurt us. That is no way to live our lives. But the point I am making is that we are human. We are flawed individuals that because of the sin in our lives, we sometimes don't make the wisest decisions and on occasion we get hurt and often hurt others. When we seek to put all of our safety and security in that of other flawed and broken individuals we are then totally ignoring the fact that we have been given the amazing gift of a relationship with one who can be fully trusted. No question about it. No need to worry about it. This person can be trusted with everything we have. This person can be trusted with all of our secrets, insecurities, problems, decisions. This person will never break that trust. Never in a million years will that person drag someone else aside and whisper in their ear, "Can you keep a secret? Did you know?" Why? Because this person is not flawed or broken or sinful. Instead the person I am speaking of is loving and caring and merciful and just and, most importantly, God!

God can be trusted to be that big brother or sister that has our back and will stand beside us through every situation we get ourselves into. The text from Psalm 118:6-9 is a wonderful piece of God's word that should give all who read it a powerful sense of peace. The writer asks a great question at the very beginning. It simply states that with the Lord on my side, what can man do to me? Think of that. The Lord is truly our helper and will always be there for us. Then the text ends with simple fact of telling us that it is far greater to find our safe place in the Lord than in other people. And all of this is possible if we fully trust in God.

Have you been burned by someone you thought you could trust? Has it been hard to trust others since that event? Well, maybe the first step of beginning to trust others who do really love you and care about you and have your best interest at heart is to first place all of your trust in none other than the God that created you. The God who already knows all of your secrets and will always has your back.

Something to Think About:

- Have you trusted others who have proven they couldn't be trusted? How did that make you feel?
- Do you tend to put trust in other who you feel can't be trusted? Why?
- Have you come to a point in your life that you are willing and ready to fully put your trust in God? Why or why not?
- Do you know others who are scared of trusting other people? How can God use you to reach them and help them to understand that they can trust in God?

A Few Minutes with God:

God, I thank you for always having my back. I thank you for loving me so much that you are so passionately in love with me that you will always be the one I can trust with all I have with all I am. Help me to embrace that trust and live a life that is a deflection of that trust in you and who you have called me to be. I also desire to help reach others for you and help them to understand that we should not put all our trust in the people, things and circumstances of this life, but instead to place all our trust in the one that will never leave us, hurt us or abandon us. Amen.